

Opening Doors to Adult Learners Award Winner Bridge Project

Janice Rokni (Bridge Project): This is the Bridge project. We serve the Sunderland area and the Durham area. We offer a massive range of training and education opportunities for women, support services, health initiatives, volunteering opportunities.

Vox: Well I came here when I retired. I have done Maths courses, I've done gardening courses. It means getting out and leading a life where I would have just sat in the house and done nothing.

Janice: The women who come to Bridge come from all walks of life and all different experiences.

Vox: I wanted to do something for myself. I've just progressed through different computer courses.

Vox: I'm doing the Level 2 teaching assistant course.

(Woman talking: Is everybody all right with the assignment?)

Vox: It's been a chance to get back into the work place really. They make the work that you do really accessible.

Vox: The staff here are brilliant. They've built my confidence and they've gave us a direction.

Janice: Bridge in itself is an employer for a lot of the women who've actually come through our programmes.

Vox: There was a few of us who went together to the college so we kind of supported each other.

Janice: It's got a family feel to it really.

Vox: You feel uninhibited. It's given me a lot of confidence.

Vox: And I wouldn't have gone back to education quite honestly if it wasn't for Bridge.

Vox: It's a brilliant feeling.